



**A BREATH PRAYER
FOR TEACHERS
AND PARENTS**

IN THE MIDDLE OF A
PANDEMIC SCHOOL YEAR



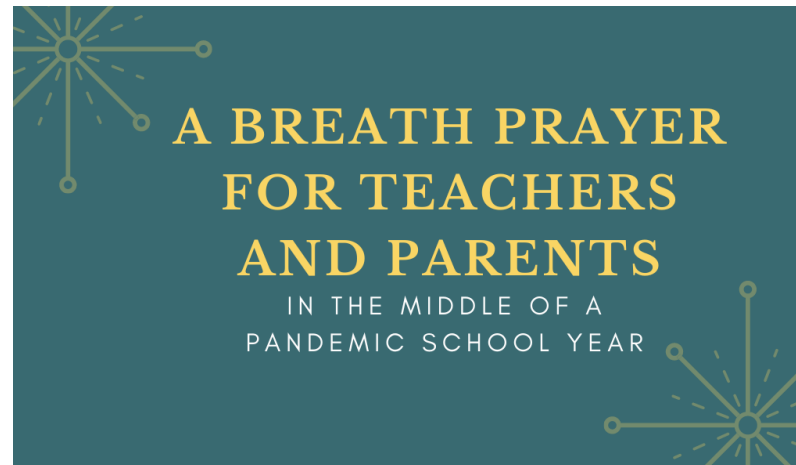
Breathe deeply
in the love of God

Breathe deeply
in the peace of Christ

Breathe deeply
in the knowledge that you are enough

Breathe deeply
in the light shining in you

Breathe deeply
You are loved.



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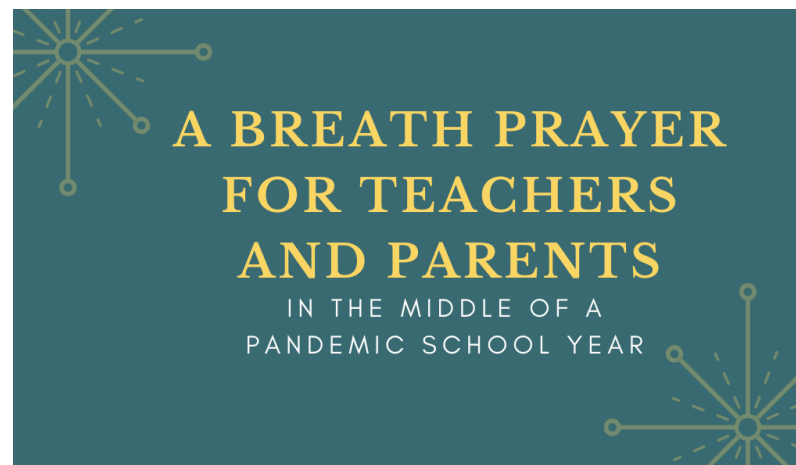
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